

GLENVIEW BICYCLE & PEDESTRIAN PLAN



PROGRAM RECOMMENDATIONS

Making Glenview a better place to walk and bicycle requires more than just infrastructure improvements. Non-infrastructure policies are essential to making Glenview more bicycle- and pedestrian-friendly. The following programs are recommended for implementation.



IMPLEMENT A WAYFINDING AND REGULATORY BICYCLE SIGNAGE PROGRAM.

Two types of signage essential to a safe, interconnected bicycle and pedestrian network are wayfinding and regulatory signs. Regulatory signage provides warning and compliance information for automobile users and bicyclists relating to road rules. Regulatory signs, such as STOP, YIELD, or turn restrictions, require driver actions and are enforceable. NO TURN ON RED signs can improve safety for bicyclists (and pedestrians).

Wayfinding signs provide information about destinations, directions, and distances to help bicyclists determine the best routes to take to major destinations. In addition, signs provide on-the-ground information that helps bicyclists understand and use the on-street and trail network without a map. Directional signs also inform motorists to expect bicycles on the roadway.

The Village of Glenview and its residents would benefit significantly from a comprehensive, branded sign network. Not only would safety conditions improve, but the ease at which bicyclists navigated the network would increase, too. Signage helping to remind automobilists of bicyclists on the roadway could also increase safety.



CREATE A BICYCLE BENEFITS PROGRAM TO REWARD SHOPPERS THAT TRAVEL TO LOCAL BUSINESSES VIA BICYCLE.

Bicycle Benefits is a nationwide program allowing businesses to encourage their customers to bicycle more often. Communities throughout Illinois are already taking advantage of the low-cost program, including Chicago, Evanston, Rockford, and Quincy. Municipalities often lead these initial efforts but it can also be organized by local advocates, chambers of commerce's, non-profit groups, or committees.

The program is championed by an organization within a community that reaches out to local businesses to participate, creating a base of support. Then, residents and visitors become Bicycle Benefits members by purchasing a sticker affixed to their helmets, indicating their membership. Whenever a Bicycle Benefits member bicycles to an establishment participating in the program with their helmet and visible sticker, they receive the designated discount. The most common discounts participating businesses offer are discounts on products or free items with a purchase.



ORGANIZE BICYCLE RODEO EVENTS AND PROMOTE OTHER BICYCLE AND WALKING EDUCATIONAL OPPORTUNITIES.

Bicycling and walking are excellent forms of physical activity for younger age groups. Incorporating bicycle and pedestrian safety lessons into school curriculum, organizing safety events, and coordinating safety initiatives can greatly increase the safety for elementary- and middle school-aged children. A coalition of community agencies such as park districts, school districts, health departments, and municipalities can utilize newsletters, social media, and events to help promote awareness of safety initiatives and strategies.

Bicycle rodeos are a great example of fun, engaging programming that help to teach bicycle safety principles; bicycle rodeos are bicycle skills events that provides an opportunity for bicyclists to practice and develop skills that will help them to become better bicyclists and avoid typical crashes.

Additionally, incorporating hands-on, guided bicycle and pedestrian safety curriculum into schools can help to increase community safety. Bicycle comprehensive programs that put kids on bicycles can help to teach riding skills and decrease the rates of bicycle-automobile crashes. Larger, more coordinated programs like Safe Routes to School Plans have the ability to create long-lasting policies and programs within school districts, as well.



RENT ADPATIVE BICYCLES FROM THE SENIOR MOBILITY LOAN CLOSET.

Currently, the North Shore Senior Center loans mobility equipment to local seniors that need additional assistance, particularly after an injury or while recovering from surgery. This recommendation proposes diversifying the equipment offered through this program to not only include adaptive bikes. These specialized bikes come in several different types and models. However, they are defined as a bike that makes the act of cycling easier for the rider, whatever their individual needs. The most popular adaptive bikes are tricycles, recumbents, tandem, and handcycles.

Often, these bicycles are designed specifically for people with physical and developmental disabilities. Incorporating adaptive bikes in the loan program will allow local senior citizens to continue to partake in bicycling or re-engage with the activity. Older adults benefit greatly from regular physical activity, including increased mental well-being, boosted immunity, and improved mood. Bicycling is an ideal physical activity for older adults as it provides aerobic exercise with minimal physical exertion required.